

break  
through  
to the  
real you



Bio-vitality.com

by Alyssa Burns-Hill, MSc, FRSPH, MIHPE

## Client Information

# Slim Support (90 vcaps)

£17.90

Slim Support is a dietary supplement intended for use as part of a nutritional weight management program. Slim Support contains Phase 2 Starch Neutralizer<sup>®</sup>, a natural, non-stimulant adjunct for weight management that allows patients to eat complex carbohydrates yet limit their caloric contribution.

Individuals trying to lose weight often avoid carbohydrate-containing foods. However, avoiding starchy carbohydrate foods can be very difficult. It also means that an important nutritional component of a healthy diet that adds dietary fibre, B-vitamins, and trace elements may be missing. Diets too low in carbohydrates can depress serotonin levels and mood. Too often, dieters resort to fatty or sugary foods to feel satiated. With Slim Support, patients can eat pasta, bread, rice, potatoes, and other healthy types of complex carbohydrates as part of a balanced diet.

Phase 2 Starch Neutralizer<sup>®</sup> is an all natural extract from the white kidney bean, *Phaseolus vulgaris L.* Supported by a substantial body of competent and reliable scientific evidence, including 14 clinical investigations, Phase 2 Starch Neutralizer<sup>®</sup> may reduce the enzymatic digestion of dietary starches.

Two capsules of Slim Support at least twice a day, taken before starchy meals or a snack, may assist in weight control when used in conjunction with a sensible diet and exercise program.

Slim Support is a natural, non-stimulant product that can be safely added to a program of diet and moderate exercise by individuals who wish to achieve a more optimal body weight.

**Suggested Use:** Two capsules with each starch-rich meal.

**Cautions and Contraindications:** Human studies have shown no negative side effects.

This product was made in a GMP and ISO 9001:2000 registered facility.

Last updated: Sept 2009

### Supplement Facts

Serving Size 2 Capsules

#### Amount Per 2 Capsules

Phase 2 <sup>®</sup> white kidney bean ( <i>Phaseolus vulgaris L.</i> ), dried extract	1,000 mg*
Fennel ( <i>Foeniculum vulgare</i> ) seed powder	500 mg*

\*Daily Value not established.

Other ingredients: Vcaps<sup>™</sup> vegetarian capsule, cellulose, water, silicon dioxide, and magnesium stearate.

This information service is not intended to make any claims or provide medical advice. Please [www.bio-vitality.com](http://www.bio-vitality.com) for clinical references.

Bio-Vitality Limited, PO Box 493, Guernsey, Channel Islands, GY1 6BY

#### Ordering Options:

By phone or in person at Maureen Gillanders Body & Skin Care Clinic, Fort Complex, L'Islet, Guernsey, GY2 4SN.

Online at [www.bio-vitality.com](http://www.bio-vitality.com) (through Amazon).

Any cheques to be made payable to Maureen Gillanders (Guernsey) Limited.