



## Arthro Support (120 tablets)

£26.90

Arthro Support is a multivitamin and herbal formulation designed to provide optimum support for joint function in several ways. It provides building blocks needed for healthy formation and repair of joint cartilage and connective tissues and supplies natural substances that help the body regulate inflammatory mechanisms associated with minor pain.

**Glucosamine Sulfate** supplies glucosamine, a natural compound found in joints, where it plays a key role in the mobility and smooth working of cartilage, tendons, and ligaments. Glucosamine is a major building block of the complex proteins that form part of the structure of cartilage. Glucosamine is essential for production of new cartilage and synthesis of synovial fluids that provide cushioning for joints. Although it is naturally made in the body, larger amounts are needed when damaged joints are healing. Production of glucosamine is normally a slow process and may be in short supply in some situations. Taking glucosamine sulfate as a nutritional supplement may help augment the body's production of glucosamine. It also supplies sulfur, an essential mineral that may enhance the benefit of glucosamine by strengthening cartilage.

**Chondroitin Sulfate** is closely related to glucosamine and is often combined together for additional benefit. Chondroitin is believed to inhibit enzymes that break down cartilage. It may also stimulate other enzymes involved in the production of structural substances including collagen. It also promotes formation of hyaluronic acid, a sticky gel-like substance that holds joint tissues together.

**Devil's Claw** has traditionally been used in herbal medicine for joint conditions. Several clinical trials have shown that this herb is helpful in supporting joint mobility and comfort.

**Bromelain** derived from pineapple, is a protein-degrading enzyme that supports the body's natural response to inflammation. Compounds in bromelain help modulate activity of proinflammatory compounds called prostanooids that can cause pain and swelling.

Arthro Support can be used by those with compromised joint function or by anyone who wants to encourage formation of structurally sound joint and cartilage tissue and to help regulate inflammatory responses. An acid-resistant tablet coating is used to protect the potency and activity of bromelain and Devil's claw from destruction by stomach acid. To obtain maximum benefit, daily use for a minimum of four weeks is recommended.

**Suggested Use:** 2 tablets twice daily with food.

**Cautions and contraindications:** No adverse reactions have been reported. However, people with allergy to fish and fish products may not tolerate Arthro Support.

This product was made in a GMP and ISO 9001:2000 registered facility.

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This information service is not intended to make any claims or provide medical advice. Please [www.bio-vitality.com](http://www.bio-vitality.com) for clinical references.

Bio-Vitality Limited, PO Box 493, Guernsey, Channel Islands, GY1 6BY

### Ordering Options:

By phone or in person at Maureen Gillanders Body & Skin Care Clinic, Fort Complex, L'Islet, Guernsey, GY2 4SN.

Online at [www.bio-vitality.com](http://www.bio-vitality.com) (through Amazon).

Any cheques to be made payable to Maureen Gillanders (Guernsey) Limited.

Supplement Facts	
Serving Size 2 Tablets	
Amount Per 2 Tablets (enteric-coated)	
Glucosamine Sulfate.2KCl (from crab and/or shrimp shells)	750 mg*
Chondroitin Sulfate	600 mg*
Devil's Claw ( <i>Harpatochloa procumbens</i> ) root, dried extract, min. 5% harpagosides	375 mg*
Bromelain (2,000 GDU/gram)	375 mg*
*Daily Value not established.	
Other ingredients: Cellulose, stearic acid, carboxymethylcellulose sodium, silicon dioxide, and enteric copolymer dispersion coating.	